

## ..... (name)

	<b>ACTION</b> to achieve my goal	
	Write your Goal here:	
	To be achieved by:	
What will	I do to start achieving this goal? What? When? Where?	
	take action	on
	Who can help me? How can they help me?	
	take ac	tion.
	suke de	
When w	will I review? How? Who with?	
	Review – Review – Review	
	Review - Review	
	How will I know when I have achieved my goal?	

empower – enable – equip